



Save Face

Sculptra™ Fact Sheet



Patient information Sculptra™

- Injectable collagen stimulator
- Restores lost volume and facial contours
- Results achieved over time
- More than one treatment session required
- Lasts 24 plus months

What is Sculptra™?

Sculptra™ is a synthetic, biocompatible and biodegradable injectable material known as poly-L-Lactic acid (PLA) that stimulates the

skin cells to manufacture more collagen, restoring lost volume and improving skin quality.

How Does it Work?

Sculptra™ is injected into the deeper layers of the skin giving immediate correction. Unlike dermal fillers, this correction is temporary, as the water the PLA is suspended in water for injection which is reabsorbed over the following few days. Collagen stimulation takes place over a period of months and the treatment will need

to be repeated 4-6 weeks apart 2 or 3 times. Your clinician will advise how many vials of Sculptra™ and how many treatment sessions, following an assessment of your individual needs.

Does it hurt?

Local anaesthetic cream or ice may be used to numb the skin prior to treatment. Sculptra™ is mixed with a local anaesthetic called lidocaine

to minimise any discomfort. After the treatment you may experience some tenderness for the next 24 hours.

Used to treat

Sculptra™ is ideal for restoring youthful contours, lift and lost volume. Often referred to as, 'The liquid facelift'. It is not suitable for

treating the lips or for superficial lines and wrinkles.

After treatment

Your practitioner will provide aftercare advice designed to minimise risk and promote speedy recovery from any expected side effects.

After treatment you may experience common

injection related side effects; redness, tenderness, swelling and bruising. You will be advised to massage the treatment area daily and to avoid make-up for several hours following the treatment.

How long will it last?

The result will be achieved gradually over a period of months. Once achieved, the result should last for 24 months and can last longer.

A single maintenance treatment every 18-24 months helps maintain the result, without repeating the initial course.

Is it safe?

All treatments carry a degree of risk. All risks and complications will be discussed with you at consultation and prior to any treatment being agreed.

Sculptra™ should be administered by a healthcare professional with specialist training.

Correct preparation and product placement by the clinician is important, and aftercare massage is essential.

- ↳ Redness
- ↳ Swelling
- ↳ Bruising
- ↳ Itching

↳ Tenderness

The above are temporary and usually resolve within the first few days,, bruising can take a week to 10 days to resolve and can sometimes persist for longer.

Am I suitable for treatment?

There are a number of medical conditions and or medicines that may affect the decision to treat or the treatment plan. A full medical history and assessment of your expectations is necessary in advance of any decision to treat.

With any injectable treatment;

Treatment is not recommended if you are suffering from any skin infection in or near the treatment area or are unwell in any way (even a cold).

If you have previously experienced allergic reactions to any local anaesthetic- discuss with your practitioner.

If you are taking any medicines which affect bleeding, such as aspirin or warfarin. If you are taking steroids or have autoimmune disease.

If you are pregnant or breastfeeding.

If you are currently or have recently completed a course of Roacutane (acne treatment) in the last 18 months.

If you have any permanent implants in the treatment area.

Caution

Injections on the face can trigger the cold sore virus. If you are a sufferer, you must advise your clinician in advance of treatment.

If you have recently had treatment with any other dermal filler.

If you are planning to attend a special event when a bruise, should it occur, would be unacceptable to you.

Some over the counter medicines and supplements can also affect bleeding (make you more prone to bruising) as can alcohol- which should be avoided the day before and after treatment.

Vigorous exercise, sun exposure, sun beds, sauna should be avoided for 48 hours, or as advised by your clinician, after treatment.

If, having had treatment, you are at all concerned about symptoms you were not expecting or not happy with, please contact the practitioner for advice. If necessary an appointment will be made for you to be seen.

<http://www.sculptra.co.uk>

<http://www.sculptraaesthetic.com>

Consumer Check List

Expect

- To be seen by a, doctor, nurse or dentist for your consultation and assessment
- To have sufficient time to consider all the information- avoid making hasty decisions
- To be treated by a doctor, nurse or dentist
- A follow up appointment if necessary or desired

Ask Questions

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| What is this treatment/product? | time frame? |
| How does it work? | Are you able to treat complications, should they occur? |
| What are the side effects/risks? | What happens if I am not happy with the result? |
| What are the alternatives I might consider? | Is it painful? How do you minimise pain? |
| What results can I expect? | What aftercare am I expected to perform? |
| What will I look like immediately after? | What will it cost and what are the payment terms? |
| How long will the results last? | |
| How many treatments will I need and in what | |

Check

- | | |
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| You may check the qualifications of a doctor (www.gmc-uk.org), Nurse (www.nmc-uk.org) and dentist(www.gdc-uk.org) | Ask to see the unopened box of product/ medicine to be used and make a note of it for future reference, should you later see another clinician. |
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Be Safe

- ↘ Do not proceed with treatment if you do not feel comfortable with the practitioner
- ↘ Do not proceed with treatment if you do not fully understand the information you are given
- ↘ Take the necessary time to make your decisions
- ↘ Ask the practitioner to show you the product in its unopened package prior to treatment.
- ↘ Make a note of the practitioner's name and product used for future reference
- ↘ Ask for copies of before and after photographs for your reference
- ↘ Do not have treatment in your home, at 'parties' or exhibitions or in environments that are clearly not clean or appropriate.