

Save Face Be Safe Checklist

Expect

- ↘ To be seen by a, doctor, nurse, dentist or prescribing pharmacist for your consultation and assessment
- ↘ Botulinum Toxin (commonly referred to as Botox) is a prescription only medicine. If you are considering anti-wrinkle injections, you MUST have a face to face consultation with a qualified prescriber (doctor, nurse prescriber, dentist or a prescribing pharmacist) prior to having treatment
- ↘ To have sufficient time to consider all the information- avoid making hasty decisions
- ↘ To be treated by a doctor, nurse, dentist or prescribing pharmacist
- ↘ A follow up appointment if necessary or desired

Ask Questions

- ✓ What is this treatment/product?
- ✓ How does it work?
- ✓ What are the side effects/risks?
- ✓ What are the alternatives I might consider?
- ✓ What results can I expect?
- ✓ What will I look like immediately after?
- ✓ How long will the results last?
- ✓ How many treatments will I need and in what time frame?
- ✓ Are you able to treat complications, should they occur?
- ✓ What happens if I am not happy with the result?
- ✓ Is it painful?
- ✓ How do you minimise pain?
- ✓ What aftercare am I expected to perform?
- ✓ What will it cost and what are the payment terms?

What to Check

You may check the qualifications of a doctor (www.gmc-uk.org), Nurse (www.nmc-uk.org), dentist (gdc-uk.org), Prescribing Pharmacist (www.pharmacyregulation.org)

Ask to see the unopened box of product/medicine to be used and make a note of it for future reference, should you later see another clinician.

Be Safe

- ↘ Do not proceed with treatment if you do not feel comfortable with the practitioner
- ↘ Do not proceed with treatment if you do not fully understand the information you are given
- ↘ Take the necessary time to make your decisions do not be hurried into the treatment
- ↘ Ask the practitioner to show you the product in its unopened package prior to treatment.
- ↘ Make a note of the practitioner's name and product used for future reference
- ↘ Ask for copies of before and after photographs for your reference
- ↘ Do not have treatment in your home, at 'parties' or exhibitions or in environments that are clearly not clean or appropriate.